

Jean Caton MS, MBA, RD

Speaker



About Jean Caton

Jean has been a pioneer in the world of women and of RD's in business careers. She learned what it takes to succeed during her 20 years as a marketing executive for four Fortune 500 companies. She is a popular speaker who informs, motivates, inspires, and coaches the audience.

Invite Jean to speak to your organization, company, or at your annual meeting . All talks available as Teleseminar or Webinar

To learn more about Jean visit www.Jeancaton.net or e-mail

Popular Topics

Market Yourself to The Top!

Find out what it takes to get more credibility and respect, solve the salary problem and earn the income you deserve, excel as a middle manager or climb to the top, interview and impress, land your dream job. Learn the power of appropriate self- promotion without 'bragging' - a skill essential to enhancing the image of the RD. Discover how to reduce common fears and discomfort often associated with shining the spotlight on your own skills and accomplishments.

Career Climber or Entrepreneur? How Personality Affects Career Success.

Could YOU succeed as an entrepreneur? Would you really like to run your own business but aren't sure you have what it takes. Maybe you are better suited to work in a traditional business. Find out how personality traits affect career success and satisfaction - as an entrepreneur or working in an organization.

Can You Hear Me Now? Do you avoid speaking up in meetings and groups? When you do, does anyone pay attention to what you say? Learn how to overcome fears and control nervousness when you speak in front of others. Find out why the way you speak makes a huge difference in your professional image. Learn how to be more effective and have the confidence to speak up more often, command more respect, and be *heard*.

Contact Jean to invite her to speak or to learn more about these and other topics.
speaker@JeanCaton.net

314.807.6328

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A Sample of Jean's Speaking Engagements

ADA FNCE CONFERENCES 2005, 2008
ALLSUP, INC.
SOCIETY FOR WOMEN ENGINEERS
BARNES HOSPITAL
BETA GAMMA SIGMA
INTERNATIONAL SOCIETY
WOMEN IN LEADERSHIP AT
JOHN COOK SCHOOL OF BUSINESS
ST LOUIS UNIVERSITY
FLORIDA, MISSOURI, MICHIGAN DIETETIC ANNUAL CONFERENCES
PASTEL ARTISTS OF ST LOUIS
DA VITA, INC.
FOX ASSOCIATES

What People Say about Jean

"She is a gold mine of life and work experience which reveals itself in her skillful coaching and speaking."

Pat Katepoo WorkOptions.com FlexibleWorkLife.com

"Jean promotes, empowers, and inspires. She offers a prospective that is fresh, but experienced. She understands where you are coming from and knows how to get you to where you want to be. Her talks involve the audience and really challenge them to think and question. Jean is a phenomenal speaker who will motivate you to follow your passion and accomplish your goals." Suzanne Doerries Nutrition and Fitness Expert

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Additional Topics

Over Booked and Over Cooked ! *Six Simple Steps to help you Juggle with less Struggle*

Are you overworked, overbooked, and *over cooked* bordering on burnout? Are your children suffering from their own *too busy* lives too? Stress is the greatest threat to us and to our family. Six simple steps to help you juggle without the struggle - information you can model for your children and share with your clients.

Got Leadership? What is the difference between a great clinical or technical expert and a leader ? Find out what it takes to be recognized as having leadership or management *potential*. Learn how to look, act, and sound like a leader, overcome those inner fears that can hold you back, and be respected by your team. Make the transition from clinical expert to supervisor or manager a successful career step.

Jean speaks to and coaches professionals who work in the healthcare, science, technical, and legal industries and want to turbocharge their careers by sharpening their business savvy, breaking through barriers that prevent them from landing top jobs, and juggle it all without the struggle.

Originally presented at FNCE 2008

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